



About Our Trainings

We offer a range of different training programmes offering the highest quality of NLP training. When you train with us you will experience fun and lively trainings which allow you to master NLP to the highest level. The certification you receive at the end of the training is recognised by the main NLP registers throughout the world.

Why Train With Us...

- **We save you time** – our courses combine a unique pre-study and live training format which means that you will master the skills and techniques to a higher level than if you simply attend a classroom based training. In fact the pre-study format which combines audio cds, reading and written tasks is regarded by many students as one of the most useful references available after the training to review everything that was covered. Because we combine home study with classroom based training we can offer certified trainings that fulfill the number of hours of training required by the main NLP registers and we can keep the live training down to 7 days for Practitioner level and 14 days for Master Practitioner.
- **We offer great value** – one of our goals is to make the great benefits that NLP offers available to everyone, so we like to keep the course fees as low as possible. If the only thing preventing you from training is cost, please contact us.
- **We offer the highest quality training** – our trainings are led by a highly experienced trainer who has many years of experience delivering NLP trainings and a range of other courses. Tom MacKay, who leads most trainings, has provided training for many blue chip organizations, as well as working with educational institutes and hospitals. He has also worked with thousands of clients in therapeutic and coaching settings, as well as working as a pain management consultant in a hospital.

■ ***We are committed to your development*** – we are totally committed to your learning and development. We have several different formats for post-study support – for example, we have a practice group in North London where you can continue developing your skills on a monthly basis. With our Master Practitioner Training we have audio cds and a workbook which you continue to work through after the training.

■ ***Would I learn more on a longer 'live' training*** – we find that with our combined home study and live training leave people with a deeper understanding and skill level than trainings that offer longer live trainings. The pre-study cds complement the training and can also be used as an essential reference after the training.

■ ***Are all NLP Trainings the same?*** Definitely not. The content between different organizations may vary substantially as may the quality of training, and also the group size can vary substantially. We constantly work to keep our trainings packed with the most effective and up to date techniques. Many techniques, including Quantum Linguistics and Time Line Therapy™ are not offered on most standard trainings. We offer Time Line Therapy™ as part of our Practitioner Training, and Quantum Linguistics, Prime Concerns, and advanced Meta Programs on our Master Practitioner Training.

Tom MacKay is also a psychologist and has a wealth of experience of different psychological techniques and theories, which are integrated into the training. Our trainings are presented by Tom MacKay, a leading trainer who is one of the most experienced people in the field of NLP. Our trainings are restricted to a maximum of 18 people, as research has shown this is the maximum size for optimum learning – some of our more advanced courses may only involve 6 – 10 people. Many organizations have over 100 people on their trainings, which can have a great motivational atmosphere, however it is usually found that the quality of learning is much less than in smaller groups. When you train with us you will have high quality, highly supervised and interactive training.